

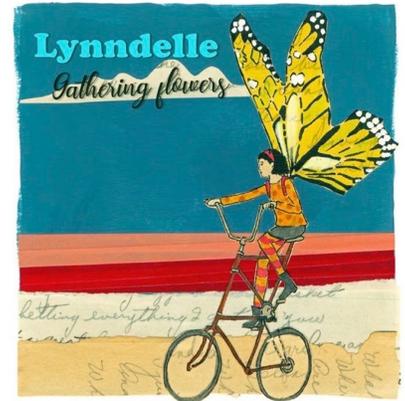
Twin Cities Folk/Rock Fiddler Releases Debut Songwriter Project

Lynndelle | Gathering Flowers

Release Date: April 30, 2020

FOLK / AMERICANA FOCUS TRACKS:

“Hello Moon” (#7) • “Jumpin’ On That Train” (#4)
“Fare Thee Well” (#9) • “Kissime” (#8)



Minnesota folk/rock fiddler, singer and songwriter **Lynndelle** releases her long-awaited debut album *Gathering Flowers* on **April 30, 2020**. Produced by **Adam Levy** (The Honeydogs, Turn Turn Turn) and **Jason Shannon** (Gramma’s Boyfriend, Monica Laplante, Tim Carrow), the album is inspired by her own personal journey as an artist, teacher and mother. Motivated by her metastatic (Stage 4) breast cancer diagnosis, Lynndelle decided to make a recording of songs that she had written over decades of living in the Twin Cities while focusing mainly on family life and her careers as an elementary teacher and mental health therapist.

"This album represents my story," Lynndelle says. "I carefully chose 11 songs from an expansive collection of material I wrote over the past few decades. It has been my way of working through various life experiences. I focus on my interaction with the simple moments throughout the day, interactions with our natural surroundings and ongoing questions about the nature of relationships and why we are here. Being a Marriage and Family Therapist was inspirational to share in people’s intimate stories and struggles with mental health symptoms and witnessing the resiliency of the human spirit. After having been in a crisis situation of losing our twin babies and the death of my father, music and my faith in God were, and continue to be, my personal source of comfort and hope to get through these very difficult and trying life experiences."

Not being sure what time frame she had to work in with or how severe the breast cancer diagnosis was at Stage 4, Lynndelle Dropboxed some of her songs to Adam Levy that she had recorded on her iPhone and asked him if he would be interested in helping her with this project. Together they worked out a recording schedule that expedited the process with Adam and Jason Shannon’s excellent musicianship and production insight, so that she could focus solely on vocal tracks. Recorded at **Zoo School Studio** in St. Croix Falls, Wisconsin, the album features performances by the multifaceted **Adam Levy** (guitars, bass, tambourine, shaker and vocals), **Jason Shannon** (drums, percussion, organ), **Joe Fishbein** (mandolin), **Peter Sands** (keyboards) and **Django Amerson** (fiddle). “With the collaborative effort of the musicians on this album and the final mastering of the music by **Greg Reier** at **Rare Form Mastering**, I couldn’t be more pleased with the layers of sound and vibiness of the album.”

Although recorded in the midst of cancer treatments, the album maintains a bright, even joyful tone, as Lynndelle celebrates life, revelling in both its joys and sorrows. The music ranges from folk and bluegrass (“**Fare Thee Well**” and “**Hello Moon**,” written for her daughter) to rocking Americana (“**Jumpin’ On That Train**” and “**Kissime**”), all produced with a vibrant pop sheen. Just like the beautiful cover art by Twin Cities print-maker **Amy Rice**, the album is colorful and playful from start to finish.



Ellen Stanley • 5716 Standish Ave • Minneapolis, MN 55417
(612) 281-1364 • ellen@efspublicity.com

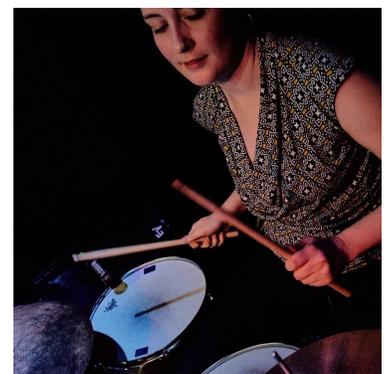
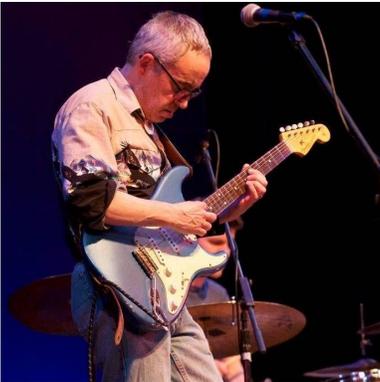
ABOUT LYNNDELLE

Lynndelle Pratt is a songwriter, singer and fiddler, whose songs address the mystery and struggles of life, seasoned with bright humor and joy. A classically trained musician, she moved to the Twin Cities in the 1990s to become a part of the vibrant music scene that was home to bands like The Replacements, Babes in Toyland and Soul Asylum. She sang and played fiddle in punk folk rockabilly band **Chair** and also performed with alternative folk/rock bands **Wildflower Honey**, **Shiner**, **Gary Anderson** and the **Snow Leopard Collaboration** and **Whoops Kitty**. Lynndelle took a break from performing to focus on family life and her careers as an elementary teacher and mental health therapist. But when she received a metastatic (Stage 4) breast cancer diagnosis, she knew that it was finally time to release her first album of original songs. Working with producers **Adam Levy** (The Honeydogs, Turn Turn Turn) and **Jason Shannon** (Chris Koza, Gramma's Boyfriend, Monica Laplante), she recorded her debut solo album **Gathering Flowers** and put together a new band called **The Stellars**. Motivated by her recent cancer diagnosis to follow through with her musical dream, Lynndelle hopes to tour and perform with The Stellars and inspire others to use their talents to make positive changes. As a result, she is partnering with local nonprofits like **The Firefly Sisterhood**, which are working to support people going through breast cancer. For more about Lynndelle's music, tour dates and her support of community causes, please visit her website at www.lynndellemusic.com.



ABOUT THE BAND

Lynndelle and The Stellars are a folksy rockabilly and old-time bluesy Americana band. Headed up by singer/songwriter **Lynndelle Pratt**, the band is made up of some of the Twin Cities' top musical talent, including **Dan Neale** on electric guitar (Adam Levy, Bobby Vee, Martin Zellar), **Sara Horishnyk** on drums (Gambler's Daughter, Waltzing on Waves, Bev, Bethany Larson & The Bee's Knees), **Scott Strauss** on bass (Kottke & Strauss, TC Ortberg, Kashmir Graffiti, Power Tap) and **Joe Fishbein** on mandolin (Wildflower Honey, Silver Lining, Clawhammer Mike).



The Stellars: Dan Neale, Joe Fishbein, Scott Strauss, Sara Horishnyk

For booking and media requests, contact Ellen Stanley at ellen@efspublicity.com.



Ellen Stanley • 5716 Standish Ave • Minneapolis, MN 55417
(612) 281-1364 • ellen@efspublicity.com